



**Coach Handout**  
**3<sup>rd</sup> Grade Boys and Girls Divisions**  
**2011-2012 Season**

1. **Coaches Meeting.** *Saturday, October 29<sup>th</sup>, at 9:00 a.m. at Showplace Wood Products in Harrisburg (1 Enterprise Street).* At least one coach from each team must attend the meeting. The meeting will include:
  - (a) Handout of uniforms, schedules and raffle tickets.
  - (b) Coach turn-in of *signed* team Medical Waiver Forms (see Item 2, below).
  - (c) A review of league rules.
  - (d) An opportunity for coaches to ask questions regarding rules and other league matters.
  
2. **Medical Waiver Forms.** Medical waiver Forms will be e-mailed to each coach. The coach must have at least one parent or legal guardian of each player sign his or her team's form, and the *coach must then turn in the fully-signed team form at the coaches meeting.*
  
3. **Games Start Dates/Alternating Pattern.** *We currently anticipate alternating play Saturdays by gender (rather than by grade), with all Girls Divisions starting play on Saturday, November 5<sup>th</sup>, and all Boys Divisions starting play on Saturday, November 12<sup>th</sup>.* Note, however, that this will not be finalized until the detailed game schedules are generated.
  
4. **Rules.** A full copy of the 2011-2012 Official Rules and Policies has been provided as a separate attachment. The complete rules are also available online at [www.bsybl.com](http://www.bsybl.com). In addition to specific game rules, the Official Rules and Policies contains important league information and general requirements, including *good sportsmanship rules that apply to all players, coaches, parents and spectators.* Please be sure to read the Official Rules and Policies in its entirety prior to the coaches meeting, so that we can answer any questions you might have at that time.

Note that many of the rules have changed from last season, and that there are certain rules that apply to certain divisions only (as described in the rules). The following is a *synopsis of some of the rules* for the 3<sup>rd</sup> Grade Boys and Girls Divisions:

- (a) **Time and Timeouts (Regulation).** Games consist of two 20-minute halves. Each team gets three 30-second timeouts *per game.*
  
- (b) **Overtime.** One 2-minute overtime period, during which each team gets one 30-second timeout. If the game is tied after the 2-minute overtime period, the game will go to sudden death. No team timeouts during the sudden death period.
  
- (c) **Mandatory Substitution Rule.** The mandatory substitution *rule* is designed to ensure that all players receive equal playing time, to the extent possible. In an

effort to accomplish that goal (and with limited exceptions, as fully described in the Official Rules and Policies):

- (1) Mandatory substitutions will occur at the 15:00, 10:00 and 5:00 mark of each half.
- (2) At each mandatory substitution time, every player on the team's bench (up to a maximum of 5 players, of course) must enter the game.
- (3) Substitutions may *not* be made before the next mandatory substitution time.

While the rule is very easy to follow if a team has 10 players (5 players come out, and 5 players go in), advance planning will be required when a team has less than 10 players. A chart with sample substitution patterns, based on a team's having various numbers of players, will be available at the coaches meeting. *The above is just brief overview of the mandatory substitution rule.* The full text of the rule starts near the bottom of Page 7 of the Official Rules and Policies (Section B.13(b)). Please carefully review the rule in its entirety, and make sure you understand it before the start of league play.

- (d) Scorekeepers and Game Clock Operators. Each team must provide one adult to keep the official scorebook or run the game clock. It is recommended that you recruit one or two parents to fill these roles throughout the season, so that new volunteers do not need to be trained before each game.
- (e) Free Throws. If a player is unable to reasonably shoot free throws from the regulation free throw line, he or she may move closer to the goal and shoot free throws up to two feet within the regulation free throw line.
- (f) Offense. Teams must involve all of their players in the offensive pattern. Plays involving only one or two offensive players (*e.g.*, isolations and clear-outs) are prohibited. The 3-second rule does apply.
- (g) Defense. Half-court man-to-man defense only. No zone. No full-court defense of any kind. Once a team gains possession of the ball on the other team's end of the court, all players on the other team must retreat past the half-court line.

Again, the above is just a *brief overview of some* of the game rules. ***Please see the complete Official Rules and Policies for a complete explanation of all of the rules.*** While we believe the above summaries are accurate, if there is a conflict between any of the above summaries and the Official Rules and Policies, the Official Rules and Policies will control.

Thank you very much for coaching in the Big Sioux Youth Basketball League, and for helping us make this a successful season!