



Coach Handout
5th and 6th Grades Boys and Girls Divisions
2011-2012 Season

1. **Coaches Meeting.** *Saturday, October 29th, at 9:00 a.m. at Showplace Wood Products in Harrisburg (1 Enterprise Street).* At least one coach from each team must attend the meeting. The meeting will include:
 - (a) Handout of uniforms, schedules and raffle tickets.
 - (b) Coach turn-in of *signed* team Medical Waiver Forms (see Item 2, below).
 - (c) A review of league rules.
 - (d) An opportunity for coaches to ask questions regarding rules and other league matters.

2. **Medical Waiver Forms.** Medical waiver Forms will be e-mailed to each coach. The coach must have at least one parent or legal guardian of each player sign his or her team's form, and the *coach must then turn in the fully-signed team form at the coaches meeting.*

3. **Games Start Dates/Alternating Pattern.** *We currently anticipate alternating play Saturdays by gender (rather than by grade), with all Girls Divisions starting play on Saturday, November 5th, and all Boys Divisions starting play on Saturday, November 12th.* Note, however, that this will not be finalized until the detailed game schedules are generated.

4. **Rules.** A full copy of the 2011-2012 Official Rules and Policies has been provided as a separate attachment. The complete rules are also available online at www.bsybl.com. In addition to specific game rules, the Official Rules and Policies contains important league information and general requirements, including *good sportsmanship rules that apply to all players, coaches, parents and spectators.* Please be sure to read the Official Rules and Policies in its entirety prior to the coaches meeting, so that we can answer any questions you might have at that time.

Note that many of the rules have changed from last season (for example, there is no longer a mandatory substitution rule in any 5th or 6th Grade Division), and that there are certain rules that apply to certain divisions only (as described in the rules).

The following is a *synopsis of some of the rules* for the **5th and 6th Grades Boys and Girls RECREATIONAL Divisions:**

- (a) **Time and Timeouts (Regulation).** Games consist of two 20-minute halves. Each team gets three 30-second timeouts *per game.*

- (b) Overtime. One 2-minute overtime period, during which each team gets one 30-second timeout. If the game is tied after the 2-minute overtime period, the game will go to sudden death. No team timeouts during the sudden death period.
- (c) Scorekeepers and Game Clock Operators. Each team must provide one adult to keep the official scorebook or run the game clock. It is recommended that you recruit one or two parents to fill these roles throughout the season, so that new volunteers do not need to be trained before each game.
- (d) Offense. Teams must involve all of their players in the offensive pattern. Plays involving only one or two offensive players (e.g., isolations and clear-outs) are prohibited. The 3-second rule does apply.
- (e) Defense. Half-court man-to-man defense only. No zone. No full-court defense of any kind. Once a team gains possession of the ball on the other team's end of the court, all players on the other team must retreat past the half-court line.

For the **5th and 6th Grade Girls (Combined) COMPETITIVE Division**, the above-listed rules apply *except as follows*:

- (a) Offense. There is no special "offense" rule prohibiting isolations, clear-outs or any other type of offense involving less than all players.
- (b) Defense. Teams can run any type of half-court defense (e.g., man-to-man, zone, trapping, etc.). In addition, full-court defense is allowed up to a 15-point lead.

Again, the above is just a *brief overview* of *some* of the game rules. ***Please see the complete Official Rules and Policies for a complete explanation of all of the rules.*** While we believe the above summaries are accurate, if there is a conflict between any of the above summaries and the Official Rules and Policies, the Official Rules and Policies will control.

5. **Moving from a Recreational to a Competitive Division**. If your team is currently registered to play in a Recreational Division and would like to switch to a Competitive Division, please let us know that via e-mail to pat@bsybl.com no later than **Saturday, October 22nd**. While we currently do not have a Competitive Division for *Boys* (there were not enough Boys Competitive Division registrations), we would be happy to form one if we get enough 5th and/or 6th Grade Boys team notifications on or before the October 22nd deadline.

Thank you very much for coaching in the Big Sioux Youth Basketball League, and for helping us make this a successful season!